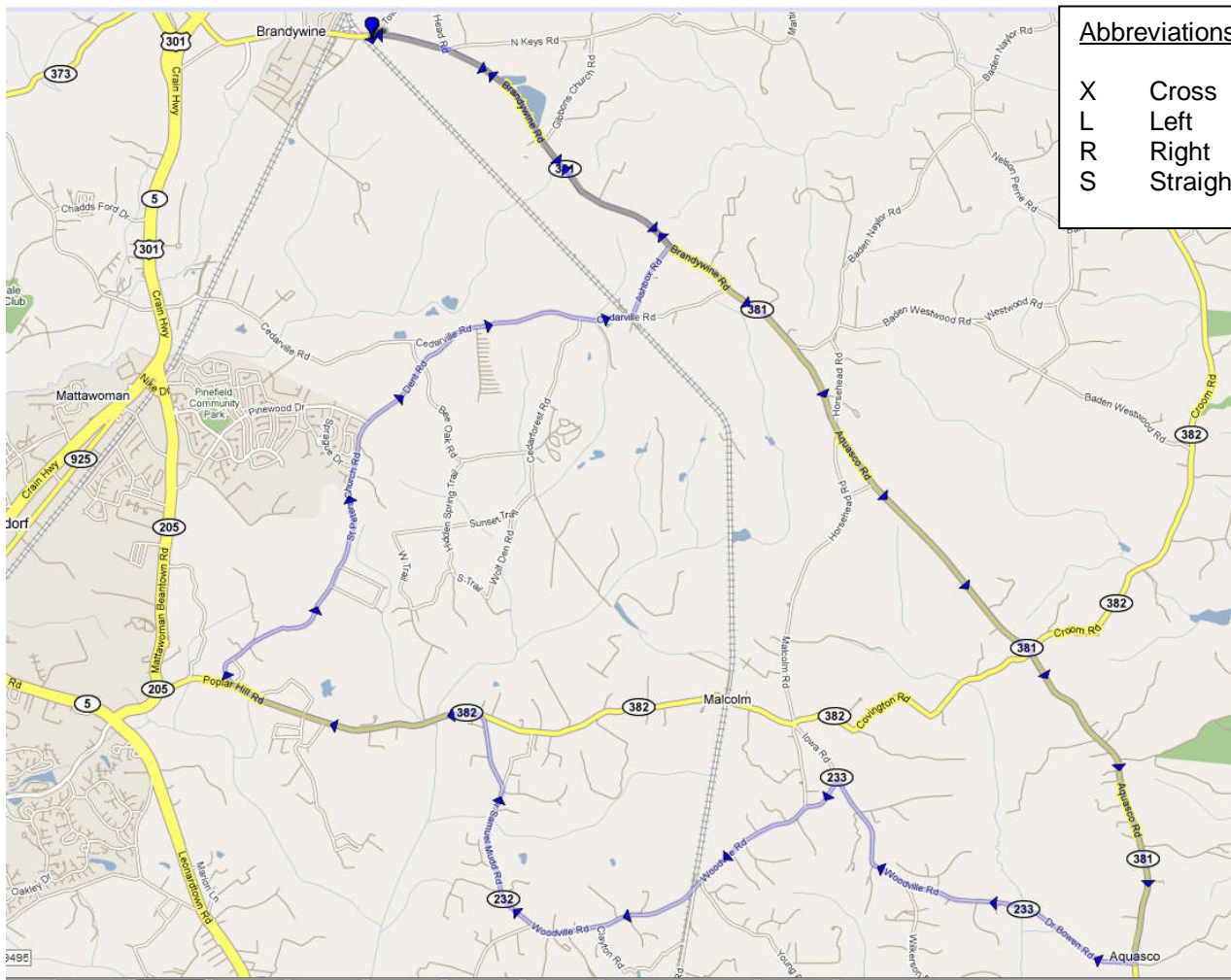


Dr Bowen and Dr Mudd Stress Test

30 mile loop from the Brandywine Firehouse

1-6-2009

0.0	R	Brandywine Rd/MD-381	20.9	R	St Peters Church Rd
10.7	R	Dr Bowen Rd/MD-233	23.8	S	becomes Dent Rd
13.9	R	Woodville Rd	24.7	R	Cedarville Rd
15.3		REST STOP at Moore's Store	26.3	L	Ashbox Rd
16.8	L	Dr Samuel Mudd Rd/MD-232	26.9	R	Brandywine Rd/MD-381
18.8	L	MD-382/Poplar Hill Rd	30.1	L	END at firehouse



Abbreviations:
 X Cross
 L Left
 R Right
 S Straight

Directions to Start:
 From Beltway, take Md 5 (Branch Avenue) south for 8.6 miles. Turn left at TB onto Brandywine Road. Cross US 301 after .5 miles and continue 1.3 miles through Brandywine to firehouse after railroad tracks. Park toward back on far side.

Oxon Hill Bicycle and Trail Club
www.ohbike.org