

ABOUT US

Maryland Park Bicycles is a labor of love for a former bike messenger who discovered a healthier lifestyle while delivering packages for a major courier service in downtown Washington DC. His experience not only taught him the proper ways of maintaining and repairing bicycles but it also gave him invaluable hands-on experience as a bicycle commuter from east of the Anacostia River.

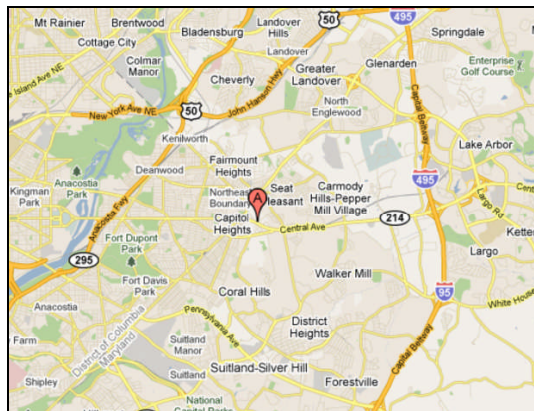
At Maryland Park Bicycles we offer full-service bicycle repair and maintenance packages ranging from inner tube repair and tire replacement to major tune-ups and complete overhauls. We also offer a complete range of quality bicycle products including accessories, components, tools, and resource material.

We recondition, replace, and upgrade bicycle components so that your bicycle is in the best possible condition. We take pride in serving our customers helping you get full enjoyment from of your investment. Whether its a kid's bike, BMX or mountain bike, 10-speed, single-speed, road or triathlon, Maryland Park Bicycles can help.

Maryland Park Bicycles is also here to support you with the latest cycling trends, information on planned trail development, and plans for new bike lanes in our area. We have plenty of useful maps on hand. We work closely with MNCPPC, DPWT, and DC DOT to bring you maps that can help you navigate our roads and trail ways.

We have everything you need to keep you on the scene. No longer do you have to travel across town for quality products and service. Now you have everything you need in your own neighborhood to keep you exercising, commuting, and enjoying a day out on the town with your family and friends.

LOCATION



We are conveniently located just two blocks from the Capitol Heights Metro Station. We are at the intersection of East Capitol Street and Maryland Park Drive.

Directions:

From I-495: Take exit **15B** merge onto **MD-214 W/Central Ave.** Go 3.5miles. Turn right onto **Coolidge St.** Turn right onto **Maryland Park Drive.** Turn left into parking lot.

From Capitol Hill Washington, DC: Take **Independence Ave** towards Maryland. Go 1.5 miles. Follow Independence Ave around RFK Stadium. Independence Ave becomes **East Capitol Street.** Follow **East Capitol Street** across East Capitol Street Bridge (Aka Whitney Young Memorial Bridge). Go 3.2 miles. Turn left onto **Coolidge St.** Turn right onto **Maryland Park Drive.** Turn left into parking lot.



101 Maryland Park Drive
Capitol Heights, MD 20743

Hours of Operation:

Friday 10:00 am to 6:00pm
Saturday 10:00am to 6:00pm
Sunday 11:00 am to 4:00pm

Phone: 301-350-RIDE (7433)

WELCOME

Thank you for choosing Maryland Park Bicycles, your local independent bicycle dealer and repair shop. We offer top quality bike products and professional maintenance and repair services. Our mission is to support cyclists in central Prince George's County, Maryland, neighborhoods east of the Anacostia River in Washington DC, and other communities throughout our region. We are committed to being a professional full service bicycle shop that you can count on.



There has never been a more exciting time for cycling in the Washington Metropolitan Area. Seeing more people cycling in our community promotes a healthier lifestyle for everyone. Some of the benefits include increased cardiovascular health, a cleaner environment, and the joy of connecting more with friends and neighbors.

Cycling is also an extremely effective way to offset the effect of rising gas prices. Imagine how much money you could save if you didn't have to fill your car up as often? As energy prices continue to rise, more money will be siphoned from other important areas of our lives.

We take pride in each and every bicycle that comes through our door giving you and your bicycle the attention and customer service you both deserve.

MENU OF SERVICES



Services
(Labor charges only)

Safety Check	\$24.99
Drivetrain Cleaning	\$39.99
Tuneup (Basic)	\$49.99
Tuneup (Major)	\$69.99
Tuneup (Complete)	\$99.99
Complete Overhaul	\$149.99

Safety Check: Inspect bike for safety hazards. Tighten all loose nuts and bolts and inflate tires. This does not include adjustments. Does not include cleaning/ polishing.

Tune-up (Basic): Safety check + Brake and Derailleur adjustments + Lateral Wheel Truing. Clean brake surfaces. Lubricate brake and derailleur cables. Lubricate brake and derailleur pivots.

Tune-up (Major): Tune-up (Basic) + Wheel hub adjustments + Bottom Bracket adjustment + Headset adjustment.

Tune-up (Complete): Tune-up (Major) + Removal and cleaning of chain rings, derailleur, cassette and chain + Radial truing and tensional errors in wheel.

Complete Overhaul: Complete disassembly of bike + Clean and repack all serviceable bearings systems + Replace cable and housing + Clean and Polish Bicycle frame. New parts installation included.

Assembly (New In Box)

Maryland Park Bicycles Bike.....	\$FREE
Tricycle (Children's).....	\$25.00
Coaster Brakes.....	\$40.00
Road (10-speed)	\$65.00
Mountain/ Cyclocross/ Hybrid	\$65.00
BMX	\$50.00

Install/Upgrade

Tire/ Tube.....	\$10.00
Chain.....	\$10.00
Shifter/ Derailleur.....	\$25.00
Brake System (Caliper or Linear).....	\$25.00

Adjustments

Brakes (Caliper or Linear).....	\$20.00
Derailleur.....	\$20.00
Wheel True.....	\$20.00
Hub	\$20.00

(\$3 Shop supply charge applied to all repair & maintenance services.)

Note: Labor rates subject to change. Our service menu represents labor charges only. The cost of parts and accessories are not included with any service, unless otherwise stated. All services come with a 30-day guarantee.

Products

Components

Inner Tubes	\$5
Cable (Stainless Steel).....	\$4
Cable Housing.....	\$2/ft
Replacement Brake Pads	\$5 & up
Chains.....	\$12 & up

Accessories

Locks/ Cables.....	\$5 & up
Lights	\$10 & up
Helmets.....	\$30 & up

THANK YOU