



November 2017

# The Spoke 'n' Word

newsletter of



**Oxon Hill Bicycle & Trail Club, Inc. P.O. Box 81 Oxon Hill, MD 20750**

ohbike.org

## Annual Volunteer Appreciation Dinner

Saturday, November 18 - 5:00 p.m.

St. John's Episcopal Church

All volunteers and their guests are invited to the annual OHBTC Volunteer Appreciation Dinner. Everyone who led rides, volunteered at the Patuxent River Rural Legacy Ride, the Indian Head 100 or other club events or wants to be a volunteer in 2018 is encouraged to attend.

Because of terrific volunteers, OHBTC offers rides in all classes throughout southern Maryland and northern Virginia and sponsors two supported cycling events in Prince George's and in Charles Counties. Your efforts provide cycling opportunities for members and encourages new riders to discover the joy of bicycling.

The catered volunteer dinner is at St. John's Episcopal Church/Broad Creek, 9801 Livingston Road in Fort Washington. Food will be from the New York Deli in Brandywine. Vegetarian options are available. The club will provide beer, wine and soft drinks. For a Google map and directions to the dinner, see <https://goo.gl/9YoHRD>.

**Reservations must be made if you plan to attend.**

Make your reservation now! Register at <http://ohbike.memberlodge.org/event-2689152>.



## Thank You

### Ride Leaders

Fifty-four ride leaders led and reported on 591 rides during the 12-month period ending on October 14, 2017. Thirty-six of those ride leaders led three or more rides and have had their membership extended a year. (See names on page 4)

Hope to see all the ride leaders at the Annual Volunteer Dinner where you will be recognized. Awards include ride leader jerseys, vests, arm coolers or arm warmers. Ride reports can be seen at <http://ohbike.memberlodge.org/reports>.

### Event Volunteers

Over 150 members helped make the Patuxent River Rural Legacy Ride and the Indian Head 100 successful events. Come celebrate at the volunteer dinner on November 18.

### Club Officers, Committee Chairs and Ride Coordinators

OHBTC is a great bike club because of the many people who work behind the scenes to make things happen. The Volunteer Appreciation Dinner honors you and your efforts.

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## Welcome, New Members

Wilma Font	Clinton MD	Class C
Donato Gardner	Waldorf MD	Class C-D

## Club Jerseys

OHBTC short sleeve and sleeveless jerseys are available for \$60 per jersey plus \$5 shipping. Arm-warmers are \$25 and arm-coolers are \$10. You can order using the order form at [www.ohbike.org](http://www.ohbike.org) or contact Janell Saunders at [nell7285@yahoo.com](mailto:nell7285@yahoo.com).



## Join the Club's YAHOO Email List



OHBTC members use the Yahoo group's e-mail list to share club-related information, especially changes in the ride schedule. Joining the OHBIKE Yahoo group is free and easy. Go to <http://groups.yahoo.com/group/ohbike>.

The OHBIKE Yahoo group is for OHBTC members only. When you join, please include your name in the box for "Comments to List Owner."

Members of the Yahoo group can send email to the list at [ohbike@yahoogroups.com](mailto:ohbike@yahoogroups.com).

## Oxon Hill Bicycle and Trail Club

### Club Officers

President	Holly Carr	<a href="mailto:holly.carr1@gmail.com">holly.carr1@gmail.com</a>
Vice Pres.	Mia Haynes	<a href="mailto:lady mia10@hotmail.com">lady mia10@hotmail.com</a>
Road Captain	Sherwood Byers	<a href="mailto:sbyerssr@aol.com">sbyerssr@aol.com</a>
Secretary	Diane Harris	<a href="mailto:canishiki@aol.com">canishiki@aol.com</a>
Treasurer	Ron Altemus	<a href="mailto:surlykm29er@yahoo.com">surlykm29er@yahoo.com</a>

### Ride Coordinators

Class AA	Scott Walker	<a href="mailto:walkcycler1@yahoo.com">walkcycler1@yahoo.com</a>
Class A	Bruce Wright	<a href="mailto:bigheart63@gmail.com">bigheart63@gmail.com</a>
	Jean Wright	<a href="mailto:medic4bigheart@gmail.com">medic4bigheart@gmail.com</a>
Class B	Michael Saizan	<a href="mailto:mpsaijan@verizon.net">mpsaijan@verizon.net</a>
	Lynne Blake-Hedges	<a href="mailto:blakehedges4@gmail.com">blakehedges4@gmail.com</a>
Class CC	Steve Palincsar	<a href="mailto:palincss@his.com">palincss@his.com</a>
	Melissa Watson	<a href="mailto:mwatson@alionscience.com">mwatson@alionscience.com</a>
Class C	Mia Haynes	<a href="mailto:lady mia10@hotmail.com">lady mia10@hotmail.com</a>
Class D	Charles Williams	<a href="mailto:chawjr@msn.com">chawjr@msn.com</a>
Mountain Bike	Barry Howard	<a href="mailto:howard.barry383@gmail.com">howard.barry383@gmail.com</a>
Overnighters	Steve Palincsar	<a href="mailto:palincss@his.com">palincss@his.com</a>
Family Rides	Linda Bankerd	<a href="mailto:lbanker@verizon.net">lbanker@verizon.net</a>

### Committee Chairs

Program	Susanne Kohl-Parker	<a href="mailto:susannekp@gmail.com">susannekp@gmail.com</a>
Public Relations	Jim Hudnall	<a href="mailto:jimhudnall@gmail.com">jimhudnall@gmail.com</a>
Newsletter	Jane Hudnall	<a href="mailto:janehudnall@gmail.com">janehudnall@gmail.com</a>
Advocacy	Walt Roscello	<a href="mailto:wroscello@gmail.com">wroscello@gmail.com</a>
Safety/Ed	George Martin	<a href="mailto:georgeoh46@yahoo.com">georgeoh46@yahoo.com</a>
Jerseys	Janell Saunders	<a href="mailto:nell7285@yahoo.com">nell7285@yahoo.com</a>
Communications	Joan Oppel	<a href="mailto:oppeljs@gmail.com">oppeljs@gmail.com</a>

### Handy Telephone Numbers

SHA MD Bicycle and Pedestrian Coordinator	
Tony Campbell	410-545-5656
24-hr tape	800-252-8776
M-NCPPC Trails and Bikeways Information	
Fred Shaffer	301-952-3661
Pothole Repair Hot Lines:	
Alexandria	703-838-4488
Calvert County	410-535-0905
Charles County	301-932-3450
Prince George's County	301-499-8520
St. Mary's County	301-863-8400
Washington, DC Citywide Call Center	- 311

MD-SHA non-emergency contacts to report road problems:  
[http://marylandsha.force.com/customer care/request\\_for\\_service](http://marylandsha.force.com/customer care/request_for_service)

## Prez Sez *by Holly Carr*

Several OHBIKE members expressed an interest in recruiting youth into OHBIKE. So, on October 8, I attended the [Youth Bike Summit](#) in Crystal City. People from different disciplines, backgrounds and ages gathered together to learn, share, network and explore how bicycling can be a catalyst for positive social change. It was hosted by [Phoenix Bikes](#) and sponsored by [PeopleForBikes](#). As advertised, the event was truly inspirational.

There is a growing drive to integrate biking with educational and other youth needs, which is called, “Experiential Learning.” Educators are finding that many kids learn more through bike skills. For example, they learn mechanical and technical skills by building their bikes; history, geography, reading, writing and public speaking. El Puente Academy for Peace and Justice (which is in Brooklyn, NY, and certified through the NYC public school system) offers GED training and workshops AND a 2-day ride on the C&O canal. The ride on the C&O canal is a popular location for experiential learning in history, where youth learn about the Harpers Ferry Rebellion and how it might collate with current issues. The youth feel they learn more at El Puente than by sitting in school rooms. `

Triangle Bike Works, located in the North Carolina triangle, is a non-profit organization that leads cross-country bike tours based on historic places and events. The tours are designed to illuminate achievements made by people of color and develop confidence and leadership skills.

Here at home, we have Phoenix Bikes, which is in the Arlington Mill Community Center. As a 501(c), its mission is to educate youth, promote bicycling and build community. Phoenix Bikes is known for its “Build-A-Bike” and “Earn-A-Bike” programs. On Saturdays they offer a variety of rides including museum excursions, trail and mountain bike opportunities. Phoenix Bikes has offered to visit us in Southern Maryland. Their web site may be found at [www.phoenixbikes.org](http://www.phoenixbikes.org).

In addition, the National Park Service offers rides that start underneath the Woodrow Wilson Bridge at Jones Point Park. The people engaged in the summit were positive and inspiring. I think there is opportunity for OHBIKE to partner and synergize efforts with Phoenix Bikes, the National Park Service, and other organizations in the DC Metropolitan area, and I look forward to hearing your input and ideas.





## Road Captain's Report *by Sherwood Byers*

With all the exciting events and riding that we enjoyed this cycling season, and although we are going through a seasonal change, there is still plenty of riding ahead, let's not store our bikes just yet. This is the time to ride and enjoy some of the beauty that fall has for us to see.

Now is the time we thank all our Ride Leaders, Volunteers, and Supporters for their diligent work. On Saturday, November 18th, everyone who led a ride, volunteered, or supported one of our events this riding season is invited to attend the Oxon Hill Bicycle and Trail Club's Annual Volunteer Appreciation Dinner. This year the dinner and ceremony will be held at the Saint John's Episcopal Church in Fort Washington, Maryland. The event will offer a new venue. Not only will it be located at a different location, it will also be catered. Please go to the club's website at <http://ohbike.memberlodge.org/event-2689152/> to get the needed information and to RSVP if you plan to attend. Thank you to all participants who helped support this year's endeavors. I look forward to seeing you at this year's Volunteer Appreciation Dinner.

Best Wishes and Regards While Always Riding with Safety in Mind,  
Sherwood Byers, Sr.  
Road Captain



## Congratulations to Ride Leaders

At the 2017 Annual Meeting, it was announced that club members who lead three or more rides before October 30, 2017, will have their membership extended one year. Congratulations to these 36 members who have led three or more rides in 2017.

Ron Altemus	Pete Czapiewski	Robert Howell	Samuel Perry
Blake Altman	Michael Dong	Jim Hudnall	Thomas Roberson
Linda Bankerd	Brad Francisco	Jane Hudnall	Michael Saizan
Deborah Bowman	Pano Gianniotis	Ken Lemmert	Randy Schoch
Sherwood Byers	John Gorman	Norman Lisy	Thomas Short
Alan Canfield	Barbara Haney	Tim Murphy	Reginald Stokes
Holly Carr	Diane Harris	Joan Oppel	Scott Walker
Polly Choate	Mia Haynes	Stephen Palincsar	Jean Wright
Calvin Conyers	Barry Howard	Lisha Peacock	Bruce Wright

## Painting Presented to Mattawoman Creek Arts Center

On October 1<sup>st</sup>, OHBTC members biked from the Village Green in Indian Head and from other locations to the Mattawoman Creek Art Center in Smallwood State Park. The Art Center was having a reception for a show called "Express Charles County in Art." The event was an opportunity for OHBTC to present the watercolor painting club member Pete Ulrich did for the Indian Head 100 t-shirt in 2012. OHBTC President Holly Carr also presented a check for \$400 to the Art League in appreciation for the use of their facilities for past rest stops on the Indian Head 100 and for them welcoming cyclists to the Art Center for a break when riding.



OHBTC President Holly Carr presents Pete Ulrich's painting to Mary Alice Swann and Art League members. Walt Roscello is wearing the shirt featuring the painting.



OHBTC members pose with a sculpture at the Mattawoman Creek Art Center.



## Tom Roland Honored

Charles County officials held a Ribbon-Cutting Ceremony for the Port Tobacco River Park in the Tom Roland Natural Resource Area on Tuesday, September 26. The Natural Resource Area was named for Tom Roland, who had recently retired as Chief of Parks and Recreation for Charles County. Tom and his wife, Joanne, have been long-time members of OHBTC. Because of Tom's efforts, Charles County has the Indian Head Rail Trail and for many other parks.



Tom is joined by his wife, daughter, grandchildren and Charles County Officials for the ribbon cutting

Steve Palincsar and Barbara Haney led a group of OHBTC riders from Bryans Road to the Ribbon-Cutting Ceremony. They were joined at the celebration by other club members who had biked or driven to the celebration. It was a pleasure to see Tom recognized and thanked for his 38 years of developing parks and trails in Charles County.



OHBTC members celebrate with Tom after the dedication ceremony in his honor.



## Bike Florida Tour

For the past few years, several OHBTC members have enjoyed the tours offered by Bike Florida. This year's tour is from March 17 – 23 and starts in Edgewater and then moves to Titusville.

Highlights include visiting great Florida beaches, the Kennedy Space Center and the Merritt Island National Wildlife Center. Food trucks supply food in the evening and there's beer and nightly entertainment. Motels and camping are available for lodging. If you register in October, you get a free Sand and Stars Tour Jersey. Learn more about the tour at <https://bikeflorida.org/spring-tour>.

Wouldn't it be nice to think about a Florida biking vacation when the winter winds are howling and blowing the snow around?



OHBTC members enjoyed sunshine and riding at the 2017 Bike Florida Tour last March.